

Recommended 60-minute Vocal Practice Routine

Body stretch: 10 minutes.

Any type of stretching that is going to help your body warm up and relax. Some yoga poses are helpful.

Breath work: 10 minutes.

Work through the breathing exercises given to you in your lesson.

Vocalizing: 10 minutes.

Work through the given exercises carefully, make sure you have tried to master each one before moving on to the next one. Don't over vocalize, as you will need the vocal energy to practice your repertoire.

Read-through without singing: 10 minutes.

This gives you an opportunity to look through your music, and carefully examine the dynamic markings, tempo, rhythm, key changes, general structure of the piece, etc...Making sure you understand the meaning of the words and read them out loud. Check those vowels, open or closed.

Sing-through: 20 minutes.

Now your body and voice are warmed up. When you sing through your repertoire, make sure you are singing the correct notes and words, when ready, add in those dynamics and any musical interpretations of your own.

** Note, all the above time indications are approximate.*